

Energy Karate

Class Schedule

1101 Rutherford Road, Thornhill, ON L4J 0E2

Tel: 905 709 0600 Email: info@energykarate.ca

Program Times (Placeholder - replace with current schedule)

Little Dragons (Ages 3.5-4): Mon / Thu / Sat 9:00 AM

Junior Karate (Ages 5-12): Mon / Wed / Sat 4:00 PM

Teen Karate (Ages 13-18): Wed / Thu 6:00 PM

Adult Karate (Ages 18+): Mon / Thu / Sat 7:00 PM

Schedule subject to change. Contact us to confirm current class times.